

Occupational Health

EMPLOYEE GUIDE

Latus Group is your appointed occupational health provider. Our role is to carry out fair, confidential, and professional medicals and assessments that help ensure individuals are fit for their role and supported where adjustments or advice may be needed. All assessments are conducted by qualified healthcare professionals and handled in line with UK medical standards, data protection legislation, and clinical confidentiality.

OEUK / OFFSHORE MEDICAL

An OEUK (Offshore) medical is a health assessment required for individuals working in the offshore energy and wind turbine industries. The medical ensures that offshore personnel are medically fit to work safely in demanding and remote environments, such as offshore installations, unmanned platforms, and wind turbines. The assessment is carried out by an approved doctor and supports safety, emergency response capability, and overall wellbeing while working offshore.

Before your assessment

- Please bring valid photo ID.
- Bring any glasses or contact lenses you normally wear.
- Be prepared to provide details of your medical history, GP, and any prescribed medication.
- Wear comfortable clothing suitable for light physical movement.
- No special preparation is usually required, but allow enough time for the full assessment.

During the assessment

- A doctor will review your medical history to identify any health conditions relevant to offshore work.
- A physical examination will be carried out, including checks of height, weight, BMI, and general health.
- You will complete a fit-to-train assessment for CA-EBS training and a bi-deltoid shoulder measurement to confirm compatibility with offshore helicopter seating.
- Vision tests will assess visual acuity and colour vision, and a hearing test (audiometry) will be completed.
- Lung function will be assessed using a spirometry test, and your blood pressure will be checked to assess cardiovascular health.
- The assessment is conducted confidentially and in line with offshore medical standards.

After the assessment

- If you meet the required standards, you will be issued with an OEUK medical certificate, typically valid for up to two years.
- If any concerns are identified, a restricted or unfit certificate may be issued.
- The doctor will explain the outcome and advise on next steps, which may include follow-up tests, further monitoring, or specialist referral.
- All information is handled in line with medical confidentiality and regulatory requirements.

To find out more about Latus Group, visit our website www.latusgroup.co.uk