

Occupational Health

EMPLOYEE GUIDE

Latus Group is your appointed occupational health provider. Our role is to carry out fair, confidential, and professional medicals and assessments that help ensure individuals are fit for their role and supported where adjustments or advice may be needed. All assessments are conducted by qualified healthcare professionals and handled in line with UK medical standards, data protection legislation, and clinical confidentiality.

PROSTATE-SPECIFIC ANTIGEN (PSA)

Prostate-Specific Antigen (PSA) is a protein made by the prostate gland; a small gland in men, below the bladder. A small amount normally leaks into the blood, a higher amount could mean prostate cancer but not always.

A small needle is inserted into a vein, usually in the arm, and a small amount of blood is drawn into a tube. This takes approximately 5 minutes or less.

The blood is sent to a lab to measure PSA levels. You will receive your results within the following three weeks. This is completely confidential and results are not shared with your employer.

What does it test for?

- Screen for prostate cancer
- Check prostate health if you have symptoms (urinary problems, pain, etc.)
- Enlarged prostate (BPH)
- Prostate infection or inflammation (prostatitis)

To find out more about Latus Group, visit our website www.latusgroup.co.uk