

Occupational Health

EMPLOYEE GUIDE

Latus Group is your appointed occupational health provider. Our role is to carry out fair, confidential, and professional medicals and assessments that help ensure individuals are fit for their role and supported where adjustments or advice may be needed. All assessments are conducted by qualified healthcare professionals and handled in line with UK medical standards, data protection legislation, and clinical confidentiality.

SKIN SURVEILLANCE

Skin surveillance is a form of health surveillance used in workplaces where employees may be exposed to substances that can affect the skin. It is designed to identify early signs of work-related skin conditions, such as contact dermatitis, before they become more serious.

In many roles, regular contact with irritants or sensitisers can gradually damage the skin's natural barrier. Common workplace substances that may lead to skin surveillance include chemicals, cleaning products, solvents, oils, resins, cement, adhesives, metalworking fluids, detergents, latex, and frequent handwashing or use of alcohol-based hand sanitisers.

Before your assessment

- No special preparation is required.
- Please let the clinician know if you have noticed any skin problems, such as redness, itching, dryness, cracking, or rashes.
- It can be helpful to mention any creams, treatments, or prescribed medication you currently use on your skin.
- Continue to follow your usual workplace controls, including the use of gloves or other personal protective equipment (PPE).

During the assessment

- The occupational health technician will ask a few questions about your role, the substances you work with, and any skin symptoms you may have experienced.
- The assessment includes a brief visual inspection of exposed areas of skin, most commonly the hands, wrists, forearms, and face.
- The examination is quick, non-invasive, and carried out respectfully and confidentially.
- The purpose of the assessment is to monitor skin health in relation to work, not to diagnose medical conditions.

After the assessment

- You will receive advice on protecting your skin at work, which may include guidance on skin care, correct use of PPE, barrier creams, or changes to work practices.
- If any concerns are identified, recommendations may be made to prevent symptoms from worsening.
- Where necessary, further monitoring, follow-up assessments, or referral for additional medical advice may be suggested.
- Any information shared with your employer focuses on workplace prevention and support and is handled in line with medical confidentiality and data protection requirements.

To find out more about Latus Group, visit our website www.latusgroup.co.uk